

مركز الأثرى
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مَجْمُوعَةُ أَدْعِيَةِ الْاِسْتِغْفَارِ

COLLECTION OF DU'ĀS OF ISTIGHFĀR

ARABIC - ENGLISH
TRANSLATION

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

———— In the Name of Allah, the Most Merciful, the Bestower of Mercy. ————

﴿وَمَا كَانَ اللَّهُ لِيُعَذِّبَهُمْ وَأَنْتَ فِيهِمْ وَمَا كَانَ اللَّهُ
مُعَذِّبَهُمْ وَهُمْ يَسْتَغْفِرُونَ﴾

“And Allāh will not punish them while you
(Muḥammad ﷺ) are amongst them, nor will He
punish them while they seek (Allāh’s) Forgiveness.”

[Sūratul-Anfāl: 33]

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First Print Edition: Ramaḍān 1447 H / March 2026 CE.

Publisher: Markaz al-Athari

Subject: *Istighfār, Tawbah*

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Introduction

Seeking forgiveness from Allāh (*Istighfār*) is among the greatest acts of worship and one of the most emphasized teachings in the Qurʾān and the Sunnah. Through *Istighfār*, a believer acknowledges his shortcomings, turns to his Lord with humility, and hopes for Allāh's mercy and pardon.

The scholars of the early generations frequently encouraged believers to remain constant in seeking forgiveness. Al-ʿAllāmah Al-Qurṭubī رحمته الله mentioned in his *tafsīr Al-Jāmiʿ li-Aḥkāmīl-Qurʾān* while explaining Sūratu Yūnus (10:12):

Ibn Ṣubayḥ said: A man complained to Al-Ḥasan (Al-Baṣrī رحمته الله) about drought, so he said to him: “Seek the forgiveness of Allāh” (استغفر الله). Another complained to him about poverty, so he said to him: “Seek the forgiveness of Allāh.” Another man said to him: “Supplicate to Allāh that He grant me a child.” So he said to him: “Seek the forgiveness of Allāh.” Another complained to him about the dryness of his orchard, so he said to him: “Seek the forgiveness of Allāh.” So, we questioned him regarding this: (Why do you give the

same advice for all these matters?) He replied: "I did not say anything from myself. Indeed, Allāh, the Exalted, says in Sūrat Nūḥ:

"اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا. يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا."

And I said: '(Abandon sin and) Ask forgiveness from your Lord (for what has passed), verily, He is always Oft-Forgiving. He will send (clouds from the) the sky with continuous (rain) (to revive you and your land with provision).''

Istighfār brings about many forms of goodness. It cleanses the heart, removes sins, increases blessings, and brings a person closer to Allāh. The Qur'ān and the Sunnah contain numerous supplications through which believers ask Allāh for forgiveness, mercy, and protection.

This booklet presents a collection of 58 supplications related to seeking forgiveness, gathered from the Noble Qur'ān and the authentic Sunnah of the Prophet ﷺ.

We hope this compilation serves as a reminder and encourages us to frequently turn to Allāh in repentance and humility.

DU'Ā'S OF ISTIGHFĀR
FROM
THE NOBLE QUR'ĀN

Du'ā's of Istighfār by the
Prophets and Messengers

(1-14)

1.

The Supplication of the Messenger of Allah ﷺ and the Believers with Him

﴿سَمِعْنَا وَأَطَعْنَا غُفْرَانَكَ رَبَّنَا وَإِلَيْكَ الْمَصِيرُ﴾

We hear, and we obey. (We seek) Your Forgiveness,
our Lord, and to You is the return (of all).

[Sūratul-Baqarah: 285]

2.

The Supplication of Those Who Remember Allah and Reflect on His Creation

﴿رَبَّنَا إِنَّا سَمِعْنَا مُنَادِيًا يُنَادِي لِلْإِيمَانِ أَنْ آمِنُوا بِرَبِّكُمْ فَآمَنَّا
رَبَّنَا فَاعْفِرْ لَنَا ذُنُوبَنَا وَكَفِّرْ عَنَّا سَيِّئَاتِنَا وَتَوَفَّنَا مَعَ الْأَبْرَارِ﴾

Our Lord! Verily, we have heard the call of one (Muhammad ﷺ) calling to Faith: 'Believe in your Lord,' and we have believed. **Our Lord! Forgive our sins** and remit from us our evil deeds, and make us die (in the state of righteousness) along with Al-Abrār (those who are obedient to Allāh and follow strictly His Orders).

[Sūratu Āl 'Imrān: 193]

3.

From the Supplication of Ādam and Ḥawwā'
When Allah Granted Them Repentance and
Accepted It

﴿رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِن لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ
الْخَاسِرِينَ﴾

Our Lord! We have wronged ourselves. **If You forgive us not**, and bestow not upon us Your Mercy, we shall certainly be of the losers.

[Sūratul-A'raf: 23]

4.

The Supplication of Ibrāhīm Before It Became Clear to Him That His Father Was an Enemy of Allāh

﴿رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ﴾

Our Lord! **Forgive** me and my parents, and (all) the believers on the Day when the reckoning will be established.

[Sūratu Ibrāhīm: 41]

5.

The Supplication of Mūsā When His Brother's Excuse Became Clear to Him

﴿رَبِّ اغْفِرْ لِي وَلِإِخِي وَأَدْخِلْنَا فِي رَحْمَتِكَ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ﴾

O my Lord! **Forgive me and my brother**, and make us enter into Your Mercy, for you are the Most Merciful of those who show mercy.

[Sūratul-A'raf: 151]

6.

The Supplication of the Believers Who Came After the *Anṣār* and the Early *Muhājirūn*

﴿رَبَّنَا اغْفِرْ لَنَا وَلِإِخْوَانِنَا الَّذِينَ سَبَقُونَا بِالْإِيمَانِ وَلَا تَجْعَلْ فِي
قُلُوبِنَا غِلًّا لِلَّذِينَ آمَنُوا رَبَّنَا إِنَّكَ رَءُوفٌ رَحِيمٌ﴾

Our Lord, forgive us and our brothers who preceded us in faith, and do not place in our hearts any resentment towards those who believe. Our Lord, indeed, You are most-compassionate, ever-merciful.

[Sūratul-Ḥaṣhr: 10]

7.

A Supplication That Allah Commanded His Prophet ﷺ to Say

﴿رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ﴾

My Lord! Forgive and have mercy, for You are the Best
of those who show mercy!

[Sūratul-Mu'minūn: 118]

8.

The Supplication of Nūḥ عليه السلام When He Felt Deep Remorse for Attributing His Son to His Family

﴿رَبِّ إِنِّي أَعُوذُ بِكَ أَنْ أَسْأَلَكَ مَا لَيْسَ لِي بِهِ عِلْمٌ وَإِلَّا تَغْفِرْ لِي
وَتَرْحَمْنِي أَكُنَ مِنَ الْخَاسِرِينَ﴾

O my Lord! I seek refuge with You from asking You that of which I have no knowledge. **And unless You forgive me** and have Mercy on me, I would indeed be one of the losers.

[Sūratu Hūd: 47]

9.

**From the Supplication of Nūḥ عليه السلام Upon Losing
Hope in His People**

﴿رَبِّ اغْفِرْ لِي وَلِوَالِدَيَّ وَلِمَن دَخَلَ بَيْتِي مُؤْمِنًا وَلِلْمُؤْمِنِينَ
وَالْمُؤْمِنَاتِ وَلَا تَزِدِ الظَّالِمِينَ إِلَّا تَبَارًا﴾

My Lord, forgive me and my parents and whoever enters my house a believer, and the believing men and the believing women. And do not increase the wrongdoers, except in destruction.

[Sūratu Nūḥ: 28]

10.

The Supplication of Mūsā ﷺ Seeking
 Forgiveness after the Seventy Men of His
 People Were Struck by the Earthquake for
 Demanding to See Allah Openly

﴿رَبِّ لَوْ شِئْتَ أَهْلَكْتَهُمْ مِّن قَبْلُ وَإِيَّايَ أَتُهْلِكُنَا بِمَا فَعَلَ السُّفَهَاءُ
 مِنَّا إِنَّ هِيَ إِلَّا فِتْنَتَكَ تُوَضَّلُ بِهَا مَن تَشَاءُ وَتَهْدِي مَن تَشَاءُ أَنْتَ
 وَلِيِّنَا فَاعْفِرْ لَنَا وَارْحَمْنَا وَأَنْتَ خَيْرُ الْغَافِرِينَ ۝ وَكَتَبَ لَنَا فِي هَذِهِ
 الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ إِنَّا هُدْنَا إِلَيْكَ﴾

O my Lord, if it had been Your Will, You could have destroyed them and me before; would You destroy us for the deeds of the foolish ones among us? It is only Your Trial by which You lead astray whom You will, and keep guided whom You will. You are our Wali (Protector), **so forgive us** and have Mercy on us, for You are the Best of those who forgive. And ordain for us good in this world, and in the Hereafter. Certainly, we have turned unto You.

[Sūratul-A'raf: 155-156]

11.

The Supplication of Ibrāhīm عليه السلام and the Believers with Him after Dissociating from Their People

﴿رَبَّنَا عَلَيْكَ تَوَكَّلْنَا وَإِلَيْكَ أَنَبْنَا وَإِلَيْكَ الْمَصِيرُ ﴿٥﴾ رَبَّنَا لَا تَجْعَلْنَا فِتْنَةً لِلَّذِينَ كَفَرُوا وَاعْفِرْ لَنَا رَبَّنَا إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ﴾

Our Lord, upon You have we placed our trust, and to You have we turned (in penitence and obedience), and to You is our return (in the hereafter, after death). Our Lord, do not make us a trial for those who disbelieve (by giving them the upper hand, causing them to think that they are upon the truth and thereby, persist upon their disbelief), **and forgive us Our Lord.** Indeed, You are the All-Mighty, the All-Wise.

[Sūratul-Mumtaḥanah: 4-5]

12.

The Supplication of Yūnus When He Called Upon Allah from the Darknesses inside the Fish

﴿لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ﴾

Lā ilāha illā Anta [none has the right to be worshipped but You (O, Allāh)], Glorified (and Exalted) be You [above all that (evil) they associate with You]! Truly, I have been of the wrong-doers.

[Sūratul-Anbiyā': 87]

13.

The Supplication of Mūsā عليه السلام after He Struck the Man and Caused His Death

﴿رَبِّ إِنِّي ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي﴾

My Lord! Verily, I have wronged myself, **so forgive me.**

[Sūratul-Qasas: 16]

14.

From the Supplication of the Prophets with whom many groups of their followers fought

﴿رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا فِي أَمْرِنَا وَثَبِّتْ أَقْدَامَنَا وَانصُرْنَا
عَلَى الْقَوْمِ الْكَافِرِينَ﴾

Our Lord! Forgive us our sins and our transgressions (in keeping our duties to You), establish our feet firmly, and give us victory over the disbelieving folk.

[Sūratu Āl 'Imrān:147]

Du'ā's of Istighfār by the
Believers Seeking
Forgiveness and Mercy
(15-20)

15.

Du‘ā of the Believers Seeking Forgiveness and Mercy

﴿رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَاعْفِرْ لَنَا وَارْحَمْنَا
أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ﴾

Our Lord! Put not on us a burden greater than we have strength to bear. Pardon us and **grant us Forgiveness**.

Have mercy on us. You are our *Marwlā* (Patron, Supporter and Protector, etc.) and give us victory over the disbelieving people.

[Sūratul-Baqarah: 286]

16.

From the *Du'ā'* of the Righteous Servants of
Allāh

﴿رَبَّنَا إِنَّا أَمْنَا فَاغْفِرْ لَنَا ذُنُوبَنَا وَقِنَا عَذَابَ النَّارِ﴾

Our Lord! We have indeed believed, **so forgive us our sins** and save us from the punishment of the Fire.

[Sūratu Āl 'Imrān: 16]

17.

The Supplication of a Group of the Believing Servants of Allah

﴿رَبَّنَا آمَنَّا فَاغْفِرْ لَنَا وَارْحَمْنَا وَأَنْتَ خَيْرُ الرَّاحِمِينَ﴾

Our Lord! We believe, **so forgive us**, and have mercy on us, for You are the Best of all who show mercy!

[Sūratul-Mu'minūn: 109]

18.

The Supplication of the Believers on the Day of Judgment

﴿رَبَّنَا أَتِمِّمْ لَنَا نُورَنَا وَاعْفِرْ لَنَا إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ﴾

Our Lord, perfect our light **and forgive us**. Indeed,
You are powerful over all things.

[Sūratut-Taḥrīm: 8]

19.

The Supplication of a Believer When He Attains Full Physical and Mental Maturity and Reaches the Age of Forty

﴿رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ الْمُسْلِمِينَ﴾

O my Lord, grant me the ability to be grateful to you for Your favour (of guidance) which You have bestowed upon me and upon my parents, and to work righteousness that pleases You, and make righteous for me my offspring. **Indeed, I repent to you** and I am of the Muslims (in submission to You alone).

[Sūratul-Ahqaf: 15]

20.

The Supplication of the Angels Who Carry the Throne Seeking Forgiveness for the Believers

Those (angels) who bear the Throne (of Allāh) and those around it glorify the praises of their Lord, and believe in Him, and ask forgiveness for those who believe (in the Oneness of Allāh) (saying):

﴿رَبَّنَا وَسِعْتَ كُلَّ شَيْءٍ رَّحْمَةً وَعِلْمًا فَاغْفِرْ لِلَّذِينَ تَابُوا وَاتَّبَعُوا سَبِيلَكَ وَقِهِمْ عَذَابَ الْجَحِيمِ ○ رَبَّنَا وَأَدْخِلْهُمْ جَنَّاتٍ عَدْنٍ الَّتِي وَعَدْتَهُمْ وَمَنْ صَلَحَ مِنْ آبَائِهِمْ وَأَزْوَاجِهِمْ وَذُرِّيَّاتِهِمْ إِنَّكَ أَنْتَ الْعَزِيزُ الْحَكِيمُ ○ وَقِهِمُ السَّيِّئَاتِ وَمَنْ تَقِ السَّيِّئَاتِ يَوْمَئِذٍ فَقَدْ رَحِمْتَهُ وَذَلِكَ هُوَ الْفَوْزُ الْعَظِيمُ﴾

Our Lord! You comprehend all things in mercy and knowledge, so forgive those who repent and follow Your Way, and save them from the torment of the blazing Fire! Our Lord! And make them enter the 'Adn (Eden) Paradise (everlasting Gardens) which you have promised them - and to the righteous among their fathers, their wives, and their offspring! Verily, You are the All-Mighty, the All-Wise. And save them from (the punishment, for what they did of) the sins, and whomsoever You save from (the punishment for what he did of) the sins (i.e. pardon him) that Day, him verily, You have taken into mercy. And that is the supreme success.

[Sūratu Ghāfir: 7 – 9]

DU'Ā'S OF ISTIGHFĀR
FROM THE PROPHETIC
SUNNAH

Sayyidul-Istighfār and
Comprehensive Du'ā's of
Istighfār
(21-24)

21.

Sayyidul-Istighfār

Shaddaad Bin Aws [*radiyallaahu-anhu*] said that the Prophet [*sallal-laahu-alayhi-wasallam*] said: The best way to seek the forgiveness of Allāh is to say:

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَىٰ عَهْدِكَ
وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ
عَلَيَّ وَأَبُوءُ لَكَ بِذُنُوبِي فَاعْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ.

O Allāh, You are my Lord! There is no one who has the right to be worshipped except you. You created me and I am your slave, and I am [upon obedience and agreement] to my covenant and promise (to You) as much as I am able. I seek refuge with You from the evil I have done. I acknowledge in your presence all the blessings You have granted me, and I confess to You my sins. So forgive me, for indeed none is able to forgive (a slave his) sins, except You].

[Al-Bukhāri, Hadeeth Number 6306]¹

¹ Sayyid Al-Istighfaar - [With Brief Commentary By Imaam Abdul Azeez Bin Baaz] Salaficentre.com

22.

A Du'ā' From the Comprehensive Supplications

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي وَوَسِّعْ لِي دَارِي وَبَارِكْ لِي فِي رِزْقِي

O Allāh, forgive my sins, and make my home spacious, and
bless my sustenance.

[Ṣaḥīḥ Al-Jami' (1/399)]²

² Translated by Abu Tasneem

23.

A Du'ā' Whoever Says It Will Be Forgiven, Even If He Had Fled from the Battlefield

Narrated by: 'Abdullah ibn Mas'ūd radiyAllāhu 'anhu
Whoever says:

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

"I seek forgiveness from Allāh, the One Whom there is no deity worthy of worship in truth except Him, the Ever-Living, the One Who establishes and sustains, and I turn to Him in repentance."

(Saying it three times), will be forgiven, even if he had fled from the battlefield at the time of fighting.

[*Ṣaḥīḥ At-Targhīb*, Hadith Number: 1623.]

Note: In the Muṣannaf of Ibn Abi Shaybah, Hadith number 31420, the wording of the hadith states: "Whoever says '...' five times will be forgiven, even if what is upon him (from sins) is like the foam of the sea."

24.

A Du'ā' Whose Reward Is Written in a Parchment, Sealed, and Not Opened Until the Day of Judgement

From Abu Sa'eed Al-Khudri raḍiyAllāhu 'anhu from the Prophet who said: "Whoever performs Wudu and then says:

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، لَا إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

Glory be to You, O Allāh, and praise be to You, there is none worthy of worship except You, **I seek Your forgiveness and repent to You.** Then that reward is written in a parchment, then closed with a seal and it will not break until the Day of Judgement."

[Ṣaḥīḥ Targheeb, no. 1473]³

³ Collected by al-Hakim and he said, Ṣaḥīḥ according to the conditions of Muslim.' & Al-Albaani graded it Ṣaḥīḥ Lighayri in Ṣaḥīḥ Targheeb no. 1473. Translated by Shaykh Abbas Abu Yahya - Followingthesunnah.com

General and Frequent
Du'ā's of Istighfār
(25-27)

25.

A Du'ā' the Prophet ﷺ Used to Invoke

رَبِّ اغْفِرْ لِي خَطِيئَتِي وَجَهْلِي، وَإِسْرَافِي فِي أَمْرِي كُلِّهِ، وَمَا أَنْتَ أَعْلَمُ بِهِ
مَنِّي، اللَّهُمَّ اغْفِرْ لِي خَطَايَايَ وَعَمْدِي، وَجَهْلِي وَهَزْلِي، وَكُلُّ ذَلِكَ عِنْدِي،
اللَّهُمَّ اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ، وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ، أَنْتَ
الْمُقَدِّمُ وَأَنْتَ الْمُؤَخِّرُ، وَأَنْتَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

O Allāh, forgive my errors, ignorance and immoderation in my affairs. You are better aware of my faults than myself. **O Allāh, forgive** my faults which I committed in seriousness or in fun deliberately or inadvertently. O Allāh, grant me pardon for those sins which I committed in the past and my later sins, which I committed in privacy or in public all those sins of which you are better aware than me. You Alone can send whomsoever You will to Jannah, and You Alone can send whomsoever You will to Hell-fire and You are All-Powerful over everything.

[Al-Bukhāri and Muslim]⁴

⁴ Source: Beautiful Yet Simple Supplications From the Quran & Sunnah - Abukhadeejah.com

26.

The Du'ā' of the Messenger of Allāh ﷺ Used to Say Frequently

From Ayesha *raḍiyAllāhu 'anhā* the Messenger of Allāh used to say a lot:

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

Far is Allāh from imperfection and Praise belongs to Him. **I seek forgiveness from Allāh and I repent to Him.**

[Collected by Muslim]⁵

⁵ Source: Prophetic Duas - A Sign in My Ummah. Translated by Shaykh Abbas Abu Yahya - Followingthesunnah.com

27.

The Du'ā' the Messenger ﷺ Would Say One Hundred Times in a Meeting

Narrated Abdullah ibn Umar (May Allāh be pleased with him): We counted that the Messenger of Allāh would say a hundred times during a meeting:

رَبِّ اغْفِرْ لِي وَتُبْ عَلَيَّ إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

“**My Lord, forgive me** and accept my repentance; Verily You are the Ever-Acceptor of Repentance, the Bestower of Mercy.”

[Sunan Abi Dawud 1516 & Sunan Ibn Majah 3814]

Du'ā's of *Istighfār* for
Specific Situations
(28-37)

28.

Du'ā' of Laylatul-Qadr

It is recommended to strive in supplicating plentifully throughout these nights because the supplications are answered.

Ā'ishah (*radiyallāhu 'anhā*) asked: "O Allāh's Messenger if I find it, what should I supplicate?"

He ﷺ said, say:

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

O Allāh; You are The One Who pardons greatly; and You love to pardon; **so pardon me.**

[At-Tirmidhi (3513), Ibn Mājah (3850)]⁶

⁶ Also Al-Hākim (1/530) and he said: "It is authentic upon the conditions of Al-Bukhāri and Muslim," and Adh-Dhahabi agreed.

Laylatul-Qadr: The Night of Decree - The Last 10 Days of Ramadān: Abukhadeejah.com

29.

A *Du'ā'* the Prophet ﷺ Would Say Whenever He Sat in a Gathering, Recited the Qur'ān, or Performed a Prayer

Whenever the Prophet ﷺ would sit in a gathering (in another narration: or recite the Qur'an) or perform a prayer, he would say certain words. So, Aishah رضي الله عنها asked him about these words. He ﷺ replied: "If he (i.e., a person) speaks words of goodness, they (those words) will be a seal upon them until the Day of Resurrection; and if he speaks other than that (other than words of goodness), they will be an expiation for him." (The words are:)

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، لَا إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.

Glory is to You, O Allāh, and with Your praise. There is no deity worthy of worship in truth except You. I seek Your forgiveness and turn to You in repentance.

[Reported by Imam al-Albānī in *Silsilatul Aḥādīth Aṣ-Ṣaḥīḥah wa Say'un min Fiqihihā wa Fawā'idihā*, ḥadīth no. 3164, vol. 7, p. 493 and onwards]

30.

A *Du‘ā*’ for One Suffering from Any Ailment

رَبَّنَا اللَّهُ الَّذِي فِي السَّمَاءِ تَقَدَّسَ اسْمُكَ أَمْرُكَ فِي السَّمَاءِ وَالْأَرْضِ كَمَا
رَحَّمْتِكَ فِي السَّمَاءِ، اجْعَلْ رَحْمَتَكَ فِي الْأَرْضِ، اغْفِرْ لَنَا حُوبِنَا وَخَطَايَانَا
أَنْتَ رَبُّ الطَّيِّبِينَ أَنْزِلْ رَحْمَةً مِنْ رَحْمَتِكَ وَشِفَاءً مِنْ شِفَائِكَ عَلَى هَذَا
الْمَرِيضِ

O our Lord, You are Allāh, the One who is above the heavens, blessed is Your Name. Your command is in the heavens and the earth. Just as Your mercy is in the heavens make Your mercy upon the earth. **Forgive us** our sins and errors. You are the Lord of the pious, send down a mercy from Your mercy, and healing from your healing upon this sick person.

[Sunan Abi Dawūd 3892]⁷

⁷ Translated by Rasheed Ibn Estes Barbee (slightly paraphrased)

31.

The Supplication of the Prophet ﷺ upon Leaving the Toilet

Reported from 'Ā'ishah *raḍiyAllāhu 'anhā*, she said: Whenever the Prophet ﷺ came out of the toilet, he would say:

"غُفْرَانِكَ".

[(O Allāh, grant me) Your forgiveness]

[Sunan Abī Dāwūd (ḥadīth no. 30), Jāmi' At-Tirmidhī (ḥadīth no. 7), Ibn Mājah (ḥadīth no. 300)]

32.

A Du'ā' for the One Who Lives in a Time When People Hoard Gold and Silver

اللَّهُمَّ إِنِّي أَسْأَلُكَ الثَّبَاتَ فِي الْأَمْرِ، وَالْعَزِيمَةَ عَلَى الرَّشْدِ، وَأَسْأَلُكَ
مُوجِبَاتِ رَحْمَتِكَ، وَعَزَائِمَ مَغْفِرَتِكَ، وَأَسْأَلُكَ شُكْرَ نِعْمَتِكَ، وَحُسْنَ
عِبَادَتِكَ، وَأَسْأَلُكَ قَلْبًا سَلِيمًا، وَلِسَانًا صَادِقًا، وَأَسْأَلُكَ مِنْ خَيْرِ مَا
تَعْلَمُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا تَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا تَعْلَمُ، إِنَّكَ أَنْتَ عَلَّامُ
الْغُيُوبِ.

O Allāh, I ask You for steadfastness in all matters, and determination in following the right guidance, and I ask You for that which necessitates Your mercy, **and for the firm resolve to attain Your forgiveness**, and I ask You for gratitude for Your favours and blessings, and for excellence in worshipping You, and I ask You for a sound heart, and a truthful tongue, and I ask You for the best of what You know, and I seek refuge in You from the evil of what You know, **and I seek Your forgiveness** for what You know, indeed, You are the All-Knower of all that is hidden or unseen.

[At-Tabarānī in Al-Kabir (7135)]⁸

⁸ Reported by At-Tabarānī in Al-Kabir (7135) from Shaddad ibn Aws رضي الله عنه with a hasan chain of narration. Also, see Silsilatul Aḥādīth Aṣ-Ṣaḥīḥah wa Say'un min Fiqihā wa Fawā'idihā by Imām Al-Albānī (3228).

33.

A *Du'ā'* the Prophet ﷺ Made for a Young Man Who Asked Permission to Commit Zinā

Yazīd ibn Hārūn narrated to us, Ḥarīz narrated to us, Sulaym ibn 'Āmir narrated to us, from Abū Umāmah, who said: "A young man came to the Prophet ﷺ and said: 'O Messenger of Allāh, grant me permission to commit zinā (fornication).' So, the people turned towards him and rebuked him, saying: 'Mah, Mah!' (Stop! Stop!). The Prophet ﷺ said: 'Come closer.' So, he came near until he sat down. He ﷺ said: 'Would you like it for your mother?' He replied: 'No, by Allāh! May Allāh make me your ransom.' He ﷺ said: 'And likewise, people do not like it for their mothers.' He ﷺ said: 'Then would you like it for your daughter?' He replied: 'No, by Allāh, O Messenger of Allāh! May Allāh make me your ransom.' He ﷺ said: 'And likewise, people do not like it for their daughters.' He ﷺ said: 'Then would you like it for your sister?' He replied: 'No, by Allāh! May Allāh make me your ransom.' He ﷺ said: 'And likewise, people do not

like it for their sisters.' He ﷺ said: 'Then would you like it for your 'Ammāh (paternal aunt)?' He replied: 'No, by Allāh! May Allāh make me your ransom.' He ﷺ said: 'And likewise, people do not like it for their paternal aunts.' He ﷺ said: 'Then would you like it for your Khālah (maternal aunt)?' He replied: 'No, by Allāh! May Allāh make me your ransom.' He ﷺ said: 'And likewise, people do not like it for their maternal aunts.'" Abū Umāmah said: "Then the Prophet ﷺ placed his hand upon him and said:

اللَّهُمَّ اغْفِرْ ذَنْبَهُ، وَطَهِّرْ قَلْبَهُ، وَحَصِّنْ فَرْجَهُ

'O Allāh, forgive his sin, purify his heart, and guard his private part.' So, after that, the young man never turned towards anything (of the sort again)."

[Musnad Aḥmad (5/256–257)]⁹

⁹ Reported by Imām Aḥmad (5/256–257), and authenticated by 'Allāmah Albānī in Silsilatul Aḥādīth Aṣ-Ṣaḥīḥah wa Say'un min Fiqhīhā wa Fawā'idihā, Ḥadīth no. 370.

34.

Supplication of the Resident for the Traveller

زَوِّدَكَ اللهُ التَّقْوَى وَغَفَرَ ذَنْبَكَ وَيَسِّرْ لَكَ الْخَيْرَ حَيْثُمَا كُنْتَ

May Allāh provide you with Taqwā¹⁰, **forgive your sin**, and make goodness easy for you wherever you may be

[At-Tirmidhī: 3444] ¹¹

¹⁰ The meaning of having Taqwā of Allāh is that you do whatever Allāh (the Most Perfect and Most High) has commanded hoping for His reward. And that you abandon disobedience to Allāh fearing His punishment (<https://abukhadeejah.com/taqwa-and-fear-of-Allāh-by-ibn-masud-and-al-fawzan/>)

¹¹ Narrated by Anas ibn Mālik رضي الله عنه, and reported by At-Tirmidhī in Book of Ad-Da‘awāt (Supplications) from the Messenger of Allāh ﷺ, in a chapter thereof. Hadith Number: 3444

35.

The *Du‘ā* the Prophet ﷺ Recited in His Final Moments

Narrated by ‘Abbād ibn ‘Abdillāh ibn Zubayr, he said: I heard ‘Ā’ishah *raḍiyAllāhu ‘anhā* say: I heard the Prophet ﷺ {and in another narration: “before he passed away”} while he was leaning against me, saying:

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَأَلْحِقْنِي بِالرَّفِيقِ الْأَعْلَى

“O Allāh, **forgive me**, bestow mercy upon me, and let me meet with *Ar-Rafīqul-A‘lā* (the Highest Companionship of the hereafter).”

[Al-Bukhārī: 5674, 4440]¹²

¹² Reported by Imām Bukhārī in *Kitābul-Marḍā* (The Book of the Sick), Bābu Tamannil-Marīḍil-Mawta (Chapter: The Sick Person’s wish for Death), Ḥadīth no. 5674; {and in *Kitābul-Maghāzī* (The Book of Military Expeditions lead by the Prophet ﷺ), Bābu Maraḍin-Nabyyi ﷺ wa-Wafātihi (Chapter: The Sickness of the Prophet ﷺ and his Death), Ḥadīth no. 4440.}

36.

Ibn Jud'ān and the Importance of Seeking Forgiveness

From Ayesha radiyAllāhu 'anhā, who said I asked: “O Messenger of Allaah! Ibn Jud'ān used to keep good relations with his relatives and feed the poor in pre-Islamic times, will that benefit him?”

The Messenger ﷺ answered her: “No, O Ayesha! He never one day said:

رَبِّ اغْفِرْ لِي خَطِيئَتِي يَوْمَ الدِّينِ

O my Lord forgive me, my mistakes on the Day of Judgement.”

[Muslim: 249]¹³

¹³ Collected by Muslim, Abu Awaanah, Ahmad in Al-Musnad, and authenticated by Imam Al-Albaani in Silsilatul Aḥādīth Aṣ-Ṣaḥīḥah wa Say'un min Fiqhīhā wa Fawā'idihā no. 249

Translated by Shaykh Abbas Abu Yahya - Followingthesunnah.com

37.

A Du'ā' the Prophet ﷺ Affirmed as True and Encouraged to Learn

اللَّهُمَّ إِنِّي أَسْأَلُكَ فِعْلَ الْخَيْرَاتِ، وَتَرْكَ الْمُنْكَرَاتِ، وَحُبَّ الْمَسَاكِينِ، وَأَنْ تَغْفِرَ لِي وَتَرْحَمَنِي، وَإِذَا أَرَدْتَ فِتْنَةً فِي قَوْمٍ فَتَوَفَّيْ غَيْرَ مَفْتُونٍ، وَأَسْأَلُكَ حُبَّكَ وَحُبَّ مَنْ يُحِبُّكَ، وَحُبَّ عَمَلٍ يُقَرِّبُ إِلَى حُبِّكَ

O Allāh! I ask You for the performance of good deeds, avoiding evil deeds, love for the poor, and that **You forgive me**, and have mercy upon me. And when You have willed Fitnah in the people, then take me without the Fitnah. And I ask You for Your love, the love of whomever You love, and the love of the deeds that bring one nearer to Your love.

[Ṣaḥīḥ At-Tirmidhee 3235]¹⁴

¹⁴ Salaficentre.com

Du'ā's of *Istighfār*
Connected to the *Ṣalāh*
(38-49)

38.

From the Opening Supplications of the Ṣalāh

اللَّهُمَّ لَكَ الْحَمْدُ أَنْتَ قَيِّمُ السَّمَوَاتِ وَالْأَرْضِ وَمَنْ فِيهِنَّ وَلَكَ الْحَمْدُ،
لَكَ مُلْكُ السَّمَوَاتِ وَالْأَرْضِ وَمَنْ فِيهِنَّ، وَلَكَ الْحَمْدُ أَنْتَ نُورُ السَّمَوَاتِ
وَالْأَرْضِ، وَلَكَ الْحَمْدُ أَنْتَ الْحَقُّ، وَوَعْدُكَ الْحَقُّ، وَلِقَاؤُكَ حَقٌّ، وَقَوْلُكَ
حَقٌّ، وَالْجَنَّةُ حَقٌّ، وَالنَّارُ حَقٌّ، وَالنَّبِيُّونَ حَقٌّ، وَمُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ
وَسَلَّمَ حَقٌّ، وَالسَّاعَةُ حَقٌّ، اللَّهُمَّ لَكَ أَسْلَمْتُ، وَبِكَ آمَنْتُ، وَعَلَيْكَ
تَوَكَّلْتُ، وَإِلَيْكَ أُنَبِّتُ وَبِكَ خَاصَمْتُ، وَإِلَيْكَ حَاكَمْتُ، فَاعْفُرْ لِي مَا
قَدَّمْتُ، وَمَا أَخَّرْتُ، وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ أَنْتَ الْمُقَدِّمُ، وَأَنْتَ الْمُؤَخِّرُ،
لَا إِلَهَ إِلَّا أَنْتَ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

O Allāh! All the praises are for you, You are the Holder of the Heavens and the Earth, and whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth And whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth. And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true. And all the Prophets (Peace be upon them) are true; And Muhammad ﷺ is true, And the Day of Resurrection is true. O Allāh, to You I submit, in You I affirm my faith, in You I repose my trust, to You I turn in repentance and with Your help I contend my adversaries and from You I seek judgement. O Allāh, **grant me forgiveness** for the faults which I made in the past and those ones which I may commit in the future, those which I committed secretly or openly. You Alone can send whomsoever You will to Jannah, and You Alone can send whomsoever You will to Hell-fire. There is none worthy of worship except You. There is no strength to resist evil and no power to do good except through Allāh.

[Al-Bukhāri and Muslim]¹⁵

¹⁵ Source: Beautiful Yet Simple Supplications from the Quran & Sunnah - Abukhadeejah.com

39.

From the Opening Supplications of the Ṣalāh

On the authority of 'Alī ibn Abī Ṭālib رضي الله عنه, from the Messenger of Allāh ﷺ, that when he would stand to perform the Ṣalāh (prayer), he would say:

"وَجَّهْتُ وَجْهِي لِلَّذِي فَطَرَ السَّمَاوَاتِ وَالْأَرْضَ حَنِيفًا وَمَا أَنَا مِنَ
 الْمُشْرِكِينَ، إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ، لَا
 شَرِيكَ لَهُ، وَبِذَلِكَ أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ. اللَّهُمَّ أَنْتَ الْمَلِكُ لَا إِلَهَ إِلَّا
 أَنْتَ، أَنْتَ رَبِّي وَأَنَا عَبْدُكَ، ظَلَمْتُ نَفْسِي، وَاعْتَرَفْتُ بِذَنْبِي، فَاعْفِرْ لِي
 ذُنُوبِي جَمِيعًا؛ إِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، وَاهْدِنِي لِأَحْسَنِ الْأَخْلَاقِ لَا
 يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ، وَاصْرِفْ عَنِّي سَيِّئَهَا لَا يَصْرِفُ عَنِّي سَيِّئَهَا إِلَّا
 أَنْتَ، لَبَّيْكَ وَسَعْدَيْكَ، وَالْخَيْرُ كُلُّهُ فِي يَدَيْكَ، وَالشَّرُّ لَيْسَ إِلَيْكَ، أَنَا بِكَ
 وَإِلَيْكَ، تَبَارَكْتَ وَتَعَالَيْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ."

“I have turned my face (in exclusive devotion and worship) towards the One Who originated the heavens and the earth, as a *Ḥanīf* (one upright and inclining to truth), and I am not among the *Mushrikīn* (polytheists; those who worship others alongside Allāh). Indeed, my *Ṣalāh*, my *Nusuk* (sacrifice), my living and my dying are for Allāh, the Rabb (Lord) of all the *‘Ālamīn* (mankind, jinns and all that exists). He has no partner, and of this I have been commanded, and I am among the *Muslimīn* (Muslims). O Allāh, You are the *Al-Malik* (the Sovereign); there is no deity worthy of worship in truth except You. You are my *Rabb*, and I am Your *‘Abd* (servant). I have wronged my own self, and I have acknowledged my sin, **so forgive me all my sins**; for indeed none forgives sins except You. Guide me to the best of *Al-Akhlāq* (character and manners), for none guides to the best of them except You; and turn away from me the evil of them, for none turns away the evil of them from me except You. *Labbayka wa Sa‘dayka* (I remain steadfast upon Your obedience, staying [in Your obedience] again and again; and in aiding Your command again and again; and I am continuously adhering to Your religion with which You are pleased, following [it] time after time.). All good is in

Your Hands, and evil is not attributed to You. I exist by You and return to You. *Tabārakta* (Blessed are You) and *Ta'ālayta* (Exalted and High are You). I seek Your forgiveness and I repent to You.”

[**Ṣaḥīḥ Muslim: 771**]¹⁶

¹⁶ Ṣaḥīḥ Muslim, Kitābul-Masājid wa Mawāḍi' uṣ-Ṣalāh (Book of Mosques and Places of Prayer), Bābud-Du'ā' fī Ṣalātil-Layl wa Qiyāmiḥā (Chapter: Supplication during the Night Prayer and Its Standing), Ḥadīth no. 771.

40.

**A Du‘ā’ the Prophet ﷺ would frequently say
while in his *rukū‘* and *sujūd***

Narrated by ‘Ā’ishah *raḍiyAllāhu ‘anhā*, she said: “The Messenger of Allāh ﷺ used to frequently say while in his *rukū‘* (bowing) and *sujūd* (prostration):

"سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ، اللَّهُمَّ اغْفِرْ لِي."

Glorified are You, free and far-removed from all imperfections, O Allāh our Lord, and all praise be to You.
O Allāh, forgive me."

[Al-Bukhārī (817) and Muslim (484)]¹⁷

¹⁷ Reported by Al-Bukhārī (817) and Muslim (484)

41.

From the Supplications of the *sujūd*

From the supplications of the Prophet (salallāhu 'alaihi wasallam) of the *sujūd* is:

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي كُلَّهُ، دِقَّةً وَجِلَّةً، وَأَوَّلَهُ وَآخِرَهُ، وَعَلَانِيَتَهُ وَسِرَّهُ

O Allāh, forgive all my sins, small and great, the first and last, the open and secret.

[Muslim; 483]

Note: Make Du'ā in Sajdah for the Fulfilment of Your Needs with Words that are easy for You: "The closest a servant comes to his Lord is when he is in sajdah, so make plentiful du'ā (in sajdah)."

Source: Shaikh Ibn Bāz - Abukhadeejah.com

42.

From the Supplications of the *sujūd*

اللَّهُمَّ اغْفِرْ لِي مَا أَسْرَرْتُ وَمَا أَعْلَنْتُ

O Allāh, **forgive me** for what I have done in secret and openly.

[Ṣaḥīḥ An-Nasa'i: 1123]¹⁸

¹⁸ Taken from the Book: Collection of Authentic Invocations by Shaykh Al-Abani, Translation: Rasheed Barbee

43.

Du'ā' between the two sujūd

The Messenger of Allāh ﷺ used to say between the two prostrations:

اللَّهُمَّ اغْفِرْ لِي، وَارْحَمْنِي، وَاجْبُرْنِي، وَارْفَعْ عَنِّي، وَاهْدِنِي، وَعَافِنِي، وَارْزُقْنِي

O Allāh, forgive me, have mercy on me, console me, raise me in status, guide me, grant me well-being, and grant me provision.

[Ṣifatu Ṣalātin-Nabī ﷺ by Imām al-Albānī (388)]¹⁹

¹⁹ Translated by Rasheed Barbee in the book Collection of Authentic Invocations by Imām al-Albānī (Pg. 90).

44.

Du'ā' between the two sujūd

Narrated by Ḥudhayfah (*raḍiyAllāhu 'anhu*): "The Prophet ﷺ used to say between the two *sujūd* (prostrations):

"رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي."

My Lord, forgive me. My Lord, forgive me.

[Ibn Mājah: 897]²⁰

²⁰ Authenticated by Imām Al-Albānī in *Al-Irwā'* (335) and *Ṣifatu Ṣalātin-Nabī*.

45.

A Du‘ā’ the Prophet ﷺ Used to Say between the Tashahhud and the Taslīm

اللَّهُمَّ اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ وَمَا
أَسْرَفْتُ وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي أَنْتَ الْمُقَدِّمُ وَأَنْتَ الْمُؤَخِّرُ لَا إِلَهَ إِلَّا
أَنْتَ.

O Allāh, **grant me pardon** for those sins which I committed in the past and my later sins, which I committed in privacy or in public, which I have committed in excess, and all those sins of which you are better aware than me. You are Al-Muqaddim (the One Who brings things forth), and You are Al-Mu’akhkhir (the One Who delays things wisely). There is no deity worthy of worship in truth except You.

[Ṣaḥīḥ Muslim: 771]²¹

²¹ Ṣaḥīḥ Muslim, Kitābul-Masājid wa Mawāqī‘iṣ-Ṣalāh, Bābud-Du‘ā’ fī Ṣalātil-Layl wa Qiyāmiḥā, ḥadīth no. 771

46.

Du'ā' to Invoke within the Ṣalāh

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفِرْ لِي
مَغْفِرَةً مِنْ عِنْدِكَ، وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

O Allāh, I have greatly wronged myself. There is none to forgive the sins but You. **So, grant me pardon** and have mercy on me.

You are the Most Forgiving, the Most Merciful.

[Al-Bukhāri and Muslim]²²

²² Source: Beautiful Yet Simple Supplications from the Quran & Sunnah - Abukhadeejah.com

47.

The Du'ā' the Messenger of Allāh ﷺ Would Recite at the End of the Obligatory and Voluntary Prayers

From Abū Umāmah al-Bāhilī *radīyAllāhu 'anhu*, that the Prophet ﷺ used to say:

اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَخَطَايَايَ كُلَّهَا، اللَّهُمَّ أَنْعِشْنِي وَاجْبُرْنِي وَاهْدِنِي
لِصَالِحِ الْأَعْمَالِ وَالْأَخْلَاقِ، فَإِنَّهُ لَا يَهْدِي لِصَالِحِهَا وَلَا يَصْرِفُ سَيِّئَهَا إِلَّا
أَنْتَ

“O Allāh, forgive me all my sins and mistakes. O Allāh, revive me [raise me up (when I fall)], improve my situation [mend me (where I am broken)], and guide me to righteous deeds and morals, for none guides to their righteousness nor averts their evil except You.”

[Ṣaḥīḥ Al-Jāmi', Hadith Number: 1266]

48.

Seeking Forgiveness after Completing the Ṣalāh

عَنْ ثَوْبَانَ رَضِيَ اللَّهُ عَنْهُ قَالَ: كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا
انصَرَفَ مِنْ صَلَاتِهِ اسْتَغْفَرَ ثَلَاثًا وَقَالَ: "اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ،
تَبَارَكْتَ ذَا الْجَلَالِ وَالْإِكْرَامِ". قَالَ الْوَلِيدُ: فَقُلْتُ لِلْأَوْزَاعِيِّ: كَيْفَ
الِاسْتِغْفَارُ؟ قَالَ: تَقُولُ:

أَسْتَغْفِرُ اللَّهَ، أَسْتَغْفِرُ اللَّهَ.

On the authority of Thawbān *raḍiyAllāhu ‘anhu*, he said: When the Messenger of Allāh ﷺ would finish his ṣalāh, he would **seek forgiveness (istighfār) three times** and would say: “*Allāhumma Antas-Salāmu, wa minkas-Salāmu, tabārakta Dhal-Jalāli wal-Ikrām.*” [O Allah, You are As-Salām (the Peace; the Flawless One), and from you is As-Salām. You are the blessed, the Possessor of Glory and Honour].”

Al-Walīd said: I said to Al-Awzā’ī: How is the *istighfār* (to be said)? He replied: You say: “*Astaghfirullāh, Astaghfirullāh.*” (I seek forgiveness from Allāh, I seek forgiveness from Allāh.)

[Ṣaḥīḥ Muslim: 591]²³

²³ Ṣaḥīḥ Muslim, Book of *Masājīd* and Places of Ṣalāh, Chapter: The Recommendation of Dhikr after the Prayer and an Explanation of Its Manner, Ḥadīth no. 591.

49.

The Prophet ﷺ would say at the end of his
Qunūt du'ā

اللَّهُمَّ إِنَّا نَعُوذُ بِرِضَاكَ مِنْ سَخَطِكَ، وَبِعَفْوِكَ مِنْ عُقُوبَتِكَ،
وَبِكَ مِنْكَ، لَا نُحْصِي ثَنَاءً عَلَيْكَ، أَنْتَ كَمَا أَثْنَيْتَ عَلَيَّ نَفْسِكَ

“O Allāh, we seek refuge in your good-pleasure from your anger, and in **your forgiveness from your punishment** and we seek refuge in your mercy from your wrath. We cannot reckon the praise due to you. You are as you have praised yourself.”

[Sunan Abī Dāwūd: 1425, Jāmi‘ut-Tirmidhī: 464]²⁴

²⁴ Sunan Abī Dāwūd, Book of Prayer, Chapter: *Qunūt* in *Witr*, ḥadīth no. 1425; Jāmi‘ut-Tirmidhī, Book: Chapters on *Witr*, Chapter: What Has Been Reported Regarding *Qunūt* in *Witr*, ḥadīth no. 464; and others. *The Qunūt Du'ā: Guidelines on Format and What To Say* — Shaykh al-Albani – Markaz us-Sunnah

Du'ā's of *Istighfār* for the
Deceased
(50-53)

50.

Supplication for the Deceased (Singular Masculine)

Narrated by 'Awf ibn Mālik رضي الله عنه, he said: The Messenger of Allāh ﷺ prayed over a janāzah, and I memorized from his supplication while he was saying:

اللَّهُمَّ اغْفِرْ لَهُ وَارْحَمْهُ وَعَافِهِ وَاعْفُ عَنْهُ وَأَكْرِمْ نُزُلَهُ وَوَسِّعْ مَدْخَلَهُ
وَاعْسِلْهُ بِالْمَاءِ وَالثَّلْجِ وَالْبَرَدِ وَنَقِّهِ مِنَ الْخَطَايَا كَمَا نَقَّيْتَ الثَّوْبَ
الْأَبْيَضَ مِنَ الدَّنَسِ وَأَبْدِلْهُ دَارًا خَيْرًا مِنْ دَارِهِ وَأَهْلًا خَيْرًا مِنْ أَهْلِهِ
وَزَوْجًا خَيْرًا مِنْ زَوْجِهِ وَأَدْخِلْهُ الْجَنَّةَ وَأَعِذْهُ مِنْ عَذَابِ الْقَبْرِ أَوْ مِنْ
عَذَابِ النَّارِ.

“O Allāh, forgive him, have mercy upon him, grant him well-being, pardon him, honour his reception (receive him with honour), and expand his place of entry (i.e. grave), and wash him with water, snow, and hail. Cleanse him of sins as You cleanse a white garment from impurity. Requite him with an abode more excellent than his abode, with a family better than his family, and with a spouse better than his spouse. Admit him to the Jannah, and protect him from the torment of the grave” or the Prophet ﷺ said: “the torment of the Fire.”

Awf said: “Until I wished that I myself were that deceased person.”

[Ṣaḥīḥ Muslim]²⁵

²⁵ Reported by Muslim in Book of Janā'iz (The Book of Funerals), Chapter: Ad-Du'ā' li'l-Mayyit fiṣ-ṣalāh (Supplication for the Deceased in the Prayer)

51.

Supplication for the Deceased (Singular Feminine)

اللَّهُمَّ اغْفِرْ لَهَا وَارْحَمْهَا وَعَافِهَا وَاعْفُ عَنْهَا وَأَكْرِمْ نُزُلَهَا وَوَسِّعْ مُدْخَلَهَا
وَاعْسِلْهَا بِالمَاءِ وَالتَّلْجِ وَالبَرْدِ وَنَقِّهَا مِنَ الخَطَايَا كَمَا نَقَّيْتَ الثُّوبَ
الأَبْيَضَ مِنَ الدَّنَسِ وَأَبْدِلْهَا دَارًا خَيْرًا مِنْ دَارِهَا وَأَهْلًا خَيْرًا مِنْ أَهْلِهَا
وَزَوْجًا خَيْرًا مِنْ زَوْجِهَا وَأَدْخِلْهَا الْجَنَّةَ وَأَعِذْهَا مِنْ عَذَابِ القَبْرِ أَوْ مِنْ
عَذَابِ النَّارِ.

“O Allāh, forgive her (Singular Feminine), have mercy upon her, grant her well-being, pardon her, honour her reception (receive her with honour), and expand her place of entry (i.e. grave), and wash her with water, snow, and hail. Cleanse her of sins as You cleanse a white garment from impurity. Requite her with an abode more excellent than her abode, with a family better than her family, and with a spouse better than her spouse. Admit her to the Jannah, and protect her from the torment of the grave” or the Prophet ﷺ said: “the torment of the Fire.”²⁶

²⁶ Reference for changing the Pronoun: Question 8 of *Nūrun Ala Al-Darb* by Shaykh Dr. Ṣālih bin Fawzan Al-Fawzan حفظه الله | Episode Dated: 09-02-2025

52.

Supplication for the Deceased

اللَّهُمَّ اغْفِرْ لِحَيِّنَا وَمَيِّتِنَا وَشَاهِدِنَا وَغَائِبِنَا وَصَغِيرِنَا وَكَبِيرِنَا وَذَكَرِنَا
وَأُنثَانَا اللَّهُمَّ مَنْ أَحْيَيْتَهُ مِنَّا فَأَحْيِهِ عَلَى الْإِسْلَامِ وَمَنْ تَوَفَّيْتَهُ مِنَّا
فَتَوَفَّهُ عَلَى الْإِيمَانِ اللَّهُمَّ لَا تَحْرِمْنَا أَجْرَهُ وَلَا تُضِلَّنَا بَعْدَهُ

“O Allāh forgive our living and our deceased, those present and those absent, our young and our old, our males and females. O Allāh whomever you give life to from us, let such live upon Islam and such whose life you take, then take it upon īmān. O Allāh, do not prevent us from his reward and do not cause us to go astray after him.”

[Sunan Abi Dāwūd: 3201, Sunan Ibn Mājah: 1498]²⁷

²⁷ Sunan Abi Dāwūd, Book of Funerals | Chapter: Supplication for the Deceased, Hadith No. 3201. And Sunan Ibn Mājah, Book of Funerals | Chapter: What Has Been Reported Concerning Supplication in the Funeral Prayer, Hadith No. 1498. Translation Source: Simple Guide to Funeral Rites in Islam - Abukhadeejah.com.

53.

Supplication for the Deceased

اللَّهُمَّ عَبْدُكَ وَابْنُ أُمَّتِكَ اِحْتَاَجُ إِلَى رَحْمَتِكَ وَأَنْتَ غَنِيٌّ عَنْ عَذَابِهِ إِنْ
كَانَ مُحْسِنًا فَزِدْ فِي حَسَنَاتِهِ وَإِنْ كَانَ مُسِيئًا فَتَجَاوَزْ عَنْهُ

“O Allāh, Your servant and the son of Your maidservant is in need of Your mercy and You are without need of punishing him. If he was righteous, increase his reward and if he was wicked, **then pardon** his sins.”

[Al-Mu'jam Al-Kabīr (22/249/647), Al-Hākim (1/359)]²⁸

²⁸ Reported by At-Tabarānī in Al-Mu'jam Al-Kabīr (22/249/647) and Al-Hākim (1/359), who declared it saḥīḥ. See Ahkām al-Janā'iz (p. 159) . Translation Source: Simple Guide to Funeral Rites in Islam - Abukhadeejah.com.

Du'ā's of Istighfār
**Connected to Sleep and
Night Remembrance**
(54-57)

54.

Getting Forgiveness at Bedtime

The Messenger of Allāh ﷺ said: “Whoever says, when going to bed:

لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

There is nothing to be worshipped in truth except Allāh Alone; He has no one sharing [anything] with Him; to Him alone do all things belong and the decision over all things, and to Him alone is due all praise and gratitude, and He is, over everything, All-Able and All-Powerful; there is no changing any situation and no ability to do so except as Allāh wills and ordains. Far is Allāh above any imperfection, and to Him is due all praise and thanks; there is nothing to be worshiped in truth except Allāh alone, Allāh is greater [than everything]. **will have his sins forgiven** - or he said, “his mistakes [forgiven],” [the narrator], Mis'ar [ibn Kidam] having been unsure even if they were like froth on the sea.

[Al-Silsilah Aṣ-Ṣaḥīḥah, 3414]²⁹

²⁹ Authenticated by Al-Albāni in Al-Silsilah Aṣ-Ṣaḥīḥah, 3414. Translated by Mikail ibn Mahboob Ariff

55.

Bedtime *du'ā* for refuge from devil, persistent bad dreams or nightmares, etc.

When the Messenger of Allāh ﷺ went to his bed he would say:

بِسْمِ اللَّهِ وَضَعْتُ جَنْبِي، اللَّهُمَّ اغْفِرْ لِي ذَنْبِي، وَأَخْسِئْ شَيْطَانِي، وَفُكِّ رِيحَانِي، وَاجْعَلْنِي فِي النَّدِيِّ الْأَعْلَى

In the Name of Allāh, I lay down my side (to sleep). **O Allāh, forgive me my sin.** And drive away and expel my Shaytan (devil). And release my soul from my pledge. And place me among *an-nadīy al-a'lā* (the highest assembly of angels in the heavens).

[Sunan Abi Dawūd: 5054]³⁰

³⁰ Abu Dawood said: Abu Hammam al-Ahwazi transmitted from Thawr. He mentioned Abu Zuhair al-Anmari and (instead of Abu Al-Azhar). Sahih (Al-Albaani).

56.

The Supplication of One Who Awakens during the Night and Seeks Allāh's Forgiveness

Narrated 'Ubāda bin Aṣ-Ṣāmit: The Prophet said, "Whoever gets up at night and says:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، الْحَمْدُ لِلَّهِ، وَسُبْحَانَ اللَّهِ، وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

There is no deity worthy of worship in truth except Allāh.

He is the Only One Who has no partners. His is the kingdom and all the praises are for Allāh. And He is All-Capable and All-Powerful over everything. All the praises are for Allāh, how perfect is Allāh, free of all imperfections, and Allāh is the Most-Great and there is neither might nor power except with Allāh.

And then he says: '*Allāhumaghfir lī*' (O Allāh forgive me.) or invokes (Allāh), he will be responded to and if he performs ablution [and offers Ṣalāt (prayer)], his Ṣalāt will be accepted."

[Ṣaḥīḥ Al-Bukhāri] ³¹

³¹ The Translation of The Meanings Of Ṣaḥīḥ Al-Bukhāri: Dr. Muhammad Muhsin Khan (slightly paraphrased)

57.

Remembrance Before Sleeping

Narrated from 'Abdullāh ibn Al-Ḥārith, from 'Abdullāh ibn 'Umar, that he instructed a man, when he takes his place of rest (for sleep), say:

اللَّهُمَّ إِنَّكَ خَلَقْتَ نَفْسِي وَأَنْتَ تَوَفَّاهَا، لَكَ مَمَاتُهَا وَمَحْيَاهَا، إِنَّ
أَحْيَيْتَهَا فَأَحْفَظْهَا، وَإِنْ أَمَتَّهَا فَاعْفِرْ لَهَا، اللَّهُمَّ أَسْأَلُكَ الْعَافِيَةَ

“O Allāh, indeed You created my soul, and You are the One who takes it in death. To You belongs its death and its life. If You give it life, then protect it; and if You cause it to die, **then forgive** it. O Allāh, I ask You for the ‘āfiyah (well-being).”

Then a man said to him: “Did you hear this from ‘Umar?” He replied: “From the one better than ‘Umar رضي الله عنه, from the Messenger of Allāh ﷺ.”

[Musnad Aḥmad: 5502]³²

³² Reported by Imām Aḥmad ibn Ḥanbal in his Musnad with this wording (ḥadīth no. 5502), Authenticated by Aḥmad Muḥammad Shākir in his verification of the Musnad. It is also reported by Imām Muslim with a slight variation in wording (ḥadīth no. 2712).

*Du'ā's of Istighfār from
the Ṣaḥābah*

(58)

58.

The Supplication of Abu Bakr رضي الله عنه Upon Being Praised

The people praised Abu Bakr as-Siddeeq *raḍiyAllāhu ‘anhu* so he said:

اللَّهُمَّ اجْعَلْنِي خَيْرًا مِمَّا يَظُنُّونَ وَاغْفِرْ لِي مَا لَا يَعْلَمُونَ وَلَا تُؤَاخِذْنِي بِمَا يَقُولُونَ

“O Allāh, make me better than what they reckon of me, **and forgive me** (with Your Mercy) for what they do not know, and do not take me to task with what they say about me.”

[Collected in 'Kitaab az-Zuhd' by Ibn Mubarak p.14, 'Shua'b al-Eeman' by Bayhaqi 4/228 & Ṣaḥīḥ al-Adab al-Mufrad no. 585]³³

³³ Shaykh Al-Albani authenticated the Isnaad. Translated by Shaykh Abbas Abu Yahya - Followingthesunnah.com

Concluding Remarks

This booklet is a humble attempt to compile a selection of supplications related to *Istighfār* and repentance, drawn from the Qur'ān and the Sunnah.

While this collection includes 58 supplications, it is by no means an exhaustive list. The Islamic sources contain many more *du'ās* and beautiful expressions of seeking forgiveness and turning back to Allāh.

Our intention in presenting this collection is to make these supplications accessible and encourage their regular recitation and reflection. If Allāh grants the opportunity in the future, later editions may include additional supplications along with further explanations and scholarly insights into the meanings and benefits of these *du'ās*.

We ask Allāh to accept this effort, forgive our shortcomings, and make this compilation a means of benefit for those who read it and act upon it.

And Allāh knows best.

Feedback and Comments Welcome:

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